

AVENUE HOUSE SCHOOL LUNCH MENU V = Vegetarian Option

Bread is available daily

Menu may be subject to change due to availability of produce

	W/C 20/02/12	27/02/12
M O N D A Y	Braised Lamb Chops or Burgers V Vegetarian Burgers Carrots Mashed Potatoes +++++ Yoghurts Fresh Fruit	Chicken Curry V Quorn Curry Rice +++++ Ice Cream Fresh Fruit
T U E S D A Y	Fish Pie V Cheese & Potato Croquettes Peas +++++ Fruit Jelly & Cream Fresh Fruit	Beef Goulash V Quorn Goulash Penne Pasta +++++ Jam Tart & Custard Fresh Fruit
W E D N E S D A Y	Chicken Meatballs in Tomato Sauce V Quorn Meatballs Rice +++++ Cheese & Biscuits Fresh Fruit	Fish Fingers V Vegetable Burgers Chipped Potatoes Baked Beans +++++ Fruit & Cream Fresh Fruit
T H U R S D A Y	Gammon Ham V Cheese & Tomato Quiche Salad Jacket Potatoes +++++ Lemon Cake & Custard Fresh Fruit	Saute Chicken V Breaded Quorn Chicken Roast Potatoes Peas +++++ Semolina & Jam Fresh Fruit
F R I D A Y	Braised Steak V Vegetarian Sausages Broccoli & Carrots +++++ Bread & Butter Pudding Fresh Fruit	Macaroni Cheese V Tomato Pasta Sweetcorn Garlic Bread +++++ Yoghurts Fresh Fruit

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